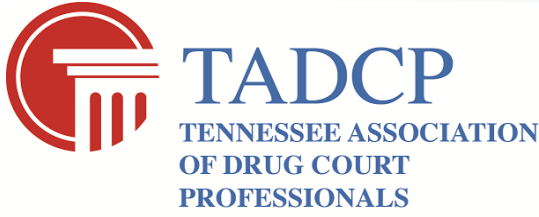


# The Recovery Voice



## Are You Coming to the Annual Conference?

The conference will have all the things you've come to expect from our annual conference-great presentations, relevant information, opportunities to network and learn from each other-but it will also have something new this year that you won't want to miss.



Part of our conference agenda includes two special panels that will provide information and discussion regarding an issue we deal with in recovery courts every day. The Opioid Crisis, or as one of our state legislators said recently in a committee meeting the *mass casualty event*, we continue to sustain in Tennessee requires all of us to engage.

That is why TADCP has invited our state partners from the Department of Mental Health and Substance Abuse Services to lead a panel discussion about the their efforts to address the problem. Federal and state dollars are at work right now enhancing treatment and prevention responses. While recovery courts are part of the overarching continuum of care and service for treatment of substance use disorder including opioid dependence, we are only a part of the strategic battle plan. Do you want to know where we fit? Do you want to know what other strategies are already in place or planned for 2018? Don't miss this panel!

Speaker Beth Harwell convened an Opioid Task Force during the last legislative session. The Task Force is made up of state representatives across Tennessee. They met in the spring and early summer of 2017, hearing suggestions and advice from the field regarding strategies that would address the opioid crisis. On September 6, they reconvened to review the draft of their recommendations to Speaker Harwell, and will begin to flesh out the details of that plan so that their recommendations may become actionable. The representatives of the Opioid Task Force have been

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### Conference At A Glance

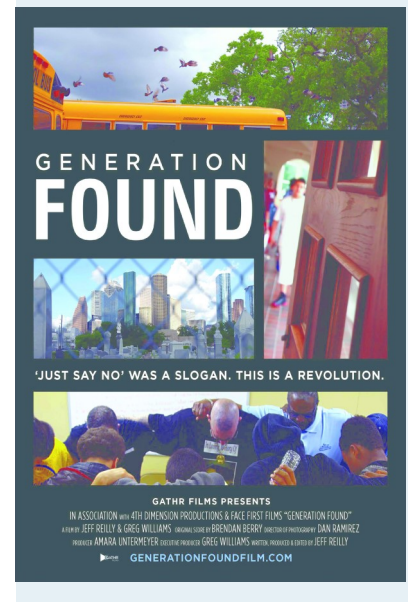
Embassy Suites Conference Center  
1200 Conference Blvd  
Murfreesboro, TN

Registration begins: Wednesday  
@ 11:00AM

Opening Ceremony begins:  
Wednesday @ 1:00PM

Awards Luncheon: Thursday @  
11:00AM

Generation Found Movie Presentation and Panel Discussion: Friday  
@ 10:30AM



invited to participate on a panel at the conference to discuss their recommendations and the funding and legislative efforts that will come out of those recommendations. The early draft includes expansion of recovery courts and access to medication assisted treatment for criminal justice populations, just to name a few. This panel is a great opportunity for TADCP members to engage state legislators, to hear their plans, provide feedback, and find out how we can help.

You don't want to miss either of these panels, both of which will be on Thursday morning, December 7, right before the TADCP Awards Luncheon. The conference registration link is <http://13threcoverycourtcon.ezregister.com>. Hotel accommodations and conference updates will be at this website as well. We hope you join us!

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*"Out of the...500 work hours available each quarter spend a couple of hours each month with your TEAM talking about recurring problems." Ron Bailey*

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## Considering Language

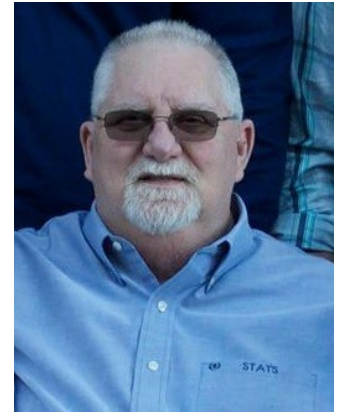
The Recovery Research Institute website is a wealth of information. You can find resources on anything from addressing #stigma to research on traditional treatment options or medication assisted treatment. We wanted to highlight their highly useful **Addiction-ary**. The Addiction-ary is all about destigmatizing addiction and what it means and finding shared language.

Most of the language we have used in the past and still use today holds a negative connotation. The word "addict" for example, drums up images from movies like *Rush*, *Less Than Zero*, or *Trainspotting*. For those of us in the recovery court field we've seen the scabbed, pock-marked faces on adults of the public service announcements for drug (meth) use intended to persuade young people to stay away. Those pictures aren't intended to help us feel empathy for them, but rather an example to kids about what you might look like if you do drugs. Society has little empathy for "the addict".

Using shared language that takes away labels of morality helps reduce stigma. "A person with an addiction" or "A person with a substance use disorder" might sound very sterile, and some people in recovery feel that it minimizes the harshness of what addiction represents. For the public to stop seeing people with addictions as different or other than themselves, however, this must happen when we talk openly about addiction to or with people that don't understand that it is a chronic, progressive, treatable, disease. A person in long term recovery may want to remember that harshness for him or herself, but for public consumption there is value in using language that does not imply there is something innately wrong with a person with an addiction.

If you want to check out the Addiction-ary for yourself, please visit <https://www.recoveryanswers.org/addiction-ary/>.

## President's Corner



**Problems---Problems, we all have problems... Don't solve problems, eliminate them!**

We usually talk about solving a problem, but that is not the most efficient way to deal with a troubling issue. If you only solve the problem there is a good chance you will confront it again. Begin to eliminate negative issues and problems that interfere with a successful operation.

Out of the approximately 500 work hours available each quarter spend a couple of hours each month with your TEAM talking about recurring problems. What issues do you confront again and again? Determine what they are and pick ONE to work on. Only one at a time, stay focused and don't move on until you have eliminated the source of that issue. Always ask why? If the same issue occurs over and over, don't put a Band-Aid on it. Find the source and eliminate the source. If you find yourself facing the same issue again in a few weeks you know you have not completed the elimination. Search deeper and push harder.

Determining to eliminate an issue from your problem basket requires a lot of thought. In reaching for a method to eliminate a problem break out of your comfort zone. Remember doing the same thing over and over has not worked. It's time to "think outside the box". Don't continue to resolve the issue with the same solutions over and over.

Successful organizations usually do things differently. Each of your Courts has its own personality, its own uniqueness and therefore its own set of issues. To make solutions work, you must address that uniqueness and factor your organization's personality into your effort to eliminate troubling issues. What might work for me could be foreign to your situation.

Stop wasting time solving problems. Think BIG, be CREATIVE and find ways to ELIMINATE the problems. Get back to the business of helping people and saving lives.



### International Overdose Awareness Day

On August 31, 2017, communities all over Tennessee and the world held events to remember those who have been lost to overdose. Consider these Tennessee specific facts (from 2015 data):

- 1,451 Tennesseans died from an overdose
- 4 Tennesseans die from an overdose every day
- Every 6 hours another Tennessean dies due to their addiction

TADCP was honored to share an evening with families and friends of loved ones who have died from overdose as they shared their stories. Stakeholders at the state and local level who are battling this issue every day as part of the regular work they do were also there and talked about the various strategies employed to fight overdose.

If you would like to hold such an event in your area on August 31st next year or just want to find more data on overdose, check out <https://www.overdoseday.com/>. Except for the Tennessee statistics, which came from the TN Department of Mental Health and Substance Abuse Services, the material in this newsletter came from the website listed.

## Montgomery County Recovery Court Participates in “Stuff the Bus” Campaign



*Montgomery County Recovery Court Participants*

Montgomery County Recovery Court has partnered with CMCSS (Clarksville Montgomery County School System) the past three years to perform community service work for the “Stuff the Bus” campaign. The campaign is coordinated with the local Wal-Mart stores for customers to make donations to the CMCSS project.

Montgomery County RC had 22 participants to donate their time 7/29 – 8/1/17 and performed a total of 70 hours of community service work. Amazing work our participants did for the community and the appreciation from CMCSS.

### New Staff at the Department of Mental Health and Substance Abuse Services

Jenna Robi is new staff that will be working with the recovery court programs. She previously worked in Division of Mental Health Services in the Office of Housing and Homeless Services. Jenna also has expertise and experience working with offenders in criminal justice programs that include conducting risk/need assessments, reintegration planning, home visits, job readiness training, life skills classes and electronic monitoring system just to name a few. TADCP welcomes Jenna Robi!

Tennessee Recovery Courts on Twitter

**@Justice4Vets** tweeted:  
 Congrats to TN's Montgomery Co [#Veterans](#) Treatment Court on 5 years of delivering true [#Justice4Vets!](#)  
[@tadcptn](#) <http://clarksvillenow.com/local/veterans-treatment-court-celebrates-five-years-of-making-difference-edit/>

**@\_ALLRISE\_** tweeted:  
 Two sisters, now both in [#recovery](#) and reuniting w/ their children thanks to TN treatment court! [@tadcptn](#)  
<http://www.wbir.com/news/local/jefferson-county-sisters-fight-drug-addiction-together/460031311>

**@GreeneRecovery** tweeted:  
 Great article about our Graduation & the comments from our speaker. Work the steps!  
[@tadcptn](#) [@\\_ALLRISE\\_](#) [http://www.greenevillesun.com/news/local\\_news/recovery-court-grads-cautioned-to-be-vigilant/article\\_0c6407b6-5b37-584c-9813-835cadebc21a.html](http://www.greenevillesun.com/news/local_news/recovery-court-grads-cautioned-to-be-vigilant/article_0c6407b6-5b37-584c-9813-835cadebc21a.html)

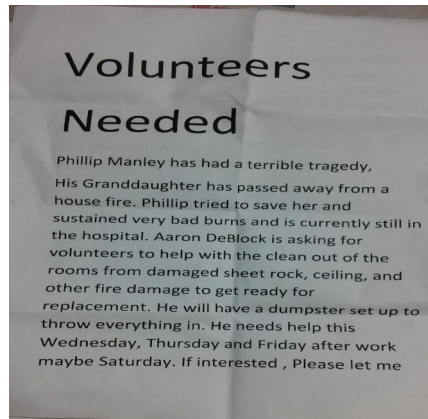


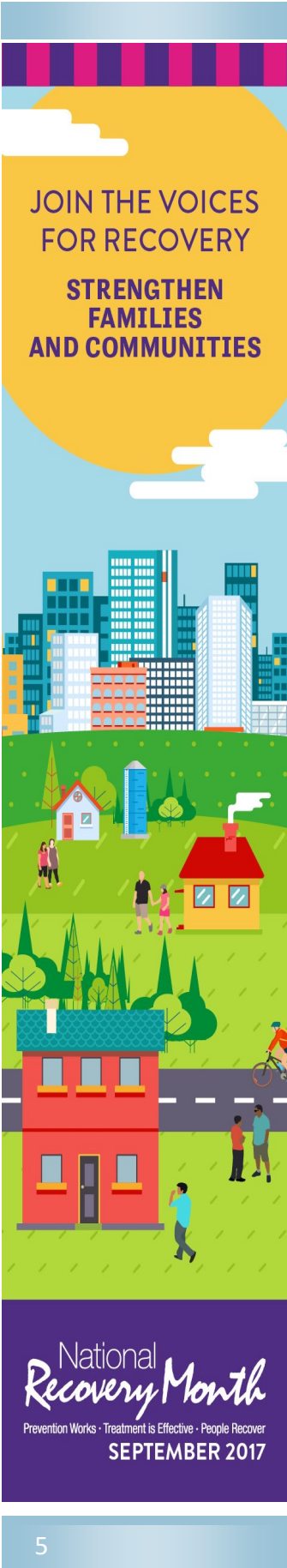
(Dickson, TN) When Phillip Manley's Batey Circle home burned down recently, he lost everything. Worst of all, he lost his beloved granddaughter. The Dickson resident tried with all his might to save the girl, but was unable to withstand the roaring flames. Phillip remains hospitalized today, being treated for severe burns suffered during the valiant rescue attempt.

After reading an account of the tragedy, several volunteers from the local Drug Court knew they had to get involved. "Our participants know how hard life can be sometimes. Our guys want to do anything we can to help this man," said Doug Beecham, Director of the 23rd District Drug Court. The men showed up at Mr. Manley's house Wednesday, tools in hand and ready for the grueling work of sifting through the ashes. On Wednesday, Drug Court volunteers cleaned out damaged sheet rock, pulled down the damaged ceiling, and prepared surfaces for replacement. The men hauled load after load to a construction dumpster filled to capacity with charred debris. Smoke-saturated furniture that once adorned the family home was heaved into piles and precious wall decorations were pulled from the tinged walls.

"Mr. Manley has been through a horrible ordeal," Beecham said. "We want to get his home back in shape before he sees it again. There is nothing we can do to make his tragedy go away, but we can sure make his future a little easier to bear." The volunteers returned Thursday and Friday to finish the task of removing insulation and drywall.

Circuit & Drug Court Judge Suzanne Lockert-Mash oversees the operation of the 23rd Judicial District Drug Court. Drug Court participants are under the supervision of the Drug Court as they recover from drug and alcohol addiction. "We work to help addicts recover their lives. They prepare themselves to return to society as responsible, hard-working citizens," says Beecham. "We are always seeking out opportunities to give back to the community that is giving our men and women a second chance."





# September is Recovery Month

It's Recovery Month! Let TADCP share your Recovery Month events with everyone! Send your stories and pictures for the website blog, our Facebook page, or the next newsletter! If you need help putting your event together, check out the website where these incredible graphics came from!

<https://www.recoverymonth.gov/>

## BEHAVIORAL HEALTH CONDITIONS IN THE UNITED STATES

### SUBSTANCE USE

21.7M People      2.3M Treated

**21.7 million people aged 12 or older needed substance use treatment. 2.3 million (10.8%) received treatment at a specialty facility in the past year.\***

### MENTAL ILLNESS

43.4M Adults

**Among adults aged 18 or older, 43.4 million adults had any mental illness in the past year. 18.6 million (43%) received mental health services.†**

9.8M Adults

**9.8 million adults 18 or older had a serious mental illness in the past year.† 6.4 million (65%) received mental health services.†**

MENTAL ILLNESS

SUBSTANCE USE

8.1 MILLION

### CO-OCCURRING

**8.1 Million adults had a co-occurring mental illness and substance use disorder in the past year.†**

† Center for Behavioral Health Statistics and Quality. (2016). Key substance use and mental health indicators in the United States: Results from the 2015 National Survey on Drug Use and Health, NSDUH Series H-51, HHS Publication No. SMA 16-4984  
 \* Receipt of substance use treatment at a specialty facility is defined as substance use treatment a respondent received at a hospital (only as an inpatient), a drug or alcohol rehabilitation facility (as an inpatient or outpatient), or a mental health center. People are defined as needing substance use treatment if they had an SUD in the past year or if they received substance use treatment at a specialty facility in the past year.

## SUBSTANCE USE AMONG AMERICANS

**In 2015, approximately 20.8 Million\* people aged 12 or older had a substance use disorder in the past year.†**

**47,055 Drug Overdose Deaths**  
**28,647 Opioid Overdose Deaths**

**Opioid Overdose**  
Drug overdoses in the United States have quadrupled since 2000, driven by increases in the number of opioid overdoses.‡

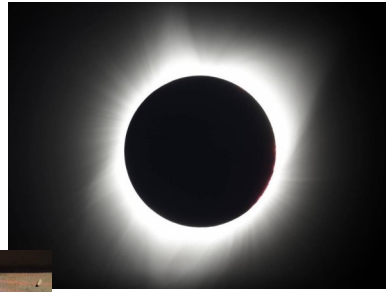
**Illicit Drug Use**  
About 1 in 10 Americans used an illicit drug in the past 30 days.†

**Tobacco Use**  
Nearly 1 in 4 Americans used a tobacco product in the past month.†

**Binge Alcohol Use**  
Nearly 1 in 2 current alcohol users reported binge use in the past month.†



## Robertson County Recovery Court Partners with Chamber of Commerce for Total Eclipse Party



On August 21<sup>st</sup>, the Robertson County Recovery Court partnered with the Chamber of Commerce as they hosted a Total Eclipse Party on the square. We helped with set up, clean up and booths during the event. There were vendors, food trucks, games and music. The team and participants hosted a booth to educate the community on recovery and treatment options



in the area, specifically introducing them to the benefits of Recovery Court. Their theme was "Recovery is Poppin' in Robertson County", giving away popcorn and ring pops to passersby. The Springfield area experienced 2 minutes and 30 seconds of totality on that monumental day, and was noted as one of the best viewing places in the path by NASA's Ernie Wright. Mr. Wright even shared booth space with Recovery Court, allowing participants to view the eclipse with his ground based telescope. A great time was had by all and we look forward to serving our community again soon!



Want to keep up with recovery courts on Facebook? LIKE these pages!

- @dekalbrecoverycourt
- <https://www.facebook.com/Shelby-County-Drug-Court-Foundation-247291638617452/>
- <https://www.facebook.com/Fifteenth-Judicial-District-Drug-Court-Program-1083147115107853/>
- @DCDC4
- @TNDrugCourts



**Hope**  
As long as there is life, there is hope.

**ACCESS**  
Staying informed will be helpful  
when services are necessary.

**RECOVERY**  
is real!

- Keep up with current co-occurring disorder events/ trends
- Access the latest perspectives related to the impact of co-occurring disorders on: 1) families, 2) communities; 3) local and state level policy and legislative matters, 4) judicial and criminal justice systems; and, 5) business and workforce
- Order educational and awareness materials
- Sign up with TNCODC to stay current on co-occurring disorder updates
- Request educational presentations
- Download a TNCODC link banner to place on your agency or organization website and so much more!

The TNCODC is funded by a grant from the State of Tennessee, Department of Mental Health and Substance Abuse Services (TDMHSAS). No person in the United States shall on the basis of race, color or national origin, be excluded from participation in, be denied benefits of, or be subjected to discrimination under any program or activity receiving Federal funding assistance. Civil Rights Act of 1964.



## Trainings Around Tennessee

### TAADAS Trainings

#### LGBT and Addiction

September 26, 2017

8:30am to 4:00pm

Nashville, TN

<https://www.eventbrite.com/e/lgbt-and-addiction-training-nashville-tickets-36865346243>

#### Recovery Roundtable

October 27, 2017

9:30am to 3:00pm

Springfield, TN

<https://www.eventbrite.com/e/recovery-roundtable-springfield-incorporating-supports-into-recovery-supports-tickets-37042343647>

#### Ethics for Addiction Professionals

October 13, 2017

8:30am to Noon

Jackson, TN

<https://www.eventbrite.com/e/ethics-for-addiction-professionals-jackson-tickets-37843427711>







The 21st District Recovery Court put together a team and participated in the Heroes for Recovery 6K on September 9, 2017 in Leiper's Fork, Tn. Judge Martin, Asst. Public Defender Greg Burlison, treatment director Diana Casella, myself and 5 current participants completed the run/walk. I was not able to get a picture of everyone together but here is one that captured most of them. It was a great day, benefiting The Next Door

If you want to know more about the Heroes for Recovery 6k, visit the website and sign up for their updates at <http://heroesinrecovery.com/heroes6k/leipers-fork-tn/>



## FREE Veterans Treatment Court Training

Registration is now open for veterans treatment court implementation training provided by NADCP's Justice For Vets. This free training is the only comprehensive veterans treatment court training for new or planning jurisdictions.

- 90 percent of the communities that attend implementation training go on to launch a program.
- Justice For Vets staff and a cadre of treatment court practitioners work with selected teams to implement evidence-based practices, develop policy and procedure manuals, and build team unity.

Sponsored by the Bureau of Justice Assistance (BJA), within the Office of Justice Programs at the U.S. Department of Justice, trainings in the Veterans Treatment Court Planning Initiative are FREE to communities that qualify. Don't miss this incredible opportunity to get your veterans treatment court up and running!

Deadline to apply is October 6, 2017. Register here: <https://justiceforvets.org/resources/training/implementation/>

Questions about the Veterans Treatment Court Planning Initiative:

Scott Swaim  
Director  
Justice For Vets  
[sswaim@justiceforvets.org](mailto:sswaim@justiceforvets.org)

David Pelletier  
Project Director  
Justice For Vets  
[dpelletier@justiceforvets.org](mailto:dpelletier@justiceforvets.org)



# TADCP Membership Information

TADCP membership is annual from July 1 to June 30.

- ◆ \$25.00 for Individuals
- ◆ \$10.00 for Students (with current ID)
- ◆ \$200.00 for Recovery Courts up to 10 members and \$10.00 for each additional members

**NOTE: Please make sure a correct email is provided for each individual. TADCP Quarterly Newsletters are emailed to each member and will not be received without a correct email address**

**Make checks payable to TADCP and send to the address at the bottom of this form.**

You may also email [marie.crossson@tadcptn.org](mailto:marie.crossson@tadcptn.org) for an invoice.

Name

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Title

---

Organization

---

Recovery Court

---

Phone Number

---

E-Mail Address

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TADCP

1321 Murfreesboro Pike, Suite 140  
Nashville, TN 37217

Phone: 615-939-2872

E-mail: [marie.crossson@tadcptn.org](mailto:marie.crossson@tadcptn.org)

PLEASE  
PLACE  
STAMP  
HERE



YOUR LOGO HERE